

Plantain seed production in a radial trial

J.S. ROWARTH

DSIR Grasslands, Private Bag, Christchurch

Abstract

Plantain (*Plantago lanceolata*) was grown in a radial trial in order to investigate the effect of plant density on seed production. Plant densities ranged from 278 plants/m² to 17 plants/m² in 9 arcs. Plants were monitored and harvested individually, thus giving effective high replication (32). Decreasing plant density had a significant positive effect on seed head production (both numbers and size of head), seed yield and plant vigour. Highest seed yield was associated with a density of 17 plants/m².

Keywords plantain, seed production, plant density, competition, radial trial design

Introduction

Increasing interest in low input agriculture and organic farming has revived interest in pasture herbs. Herbs are thought to have particular value, as they tend to have a higher mineral concentration than grasses.

Plantain (*Plantago lanceolata*), also known as ribgrass, has been recognised as a useful component of pasture swards for many years. It is tap-rooted and is a good source of calcium, sodium, phosphorus and potassium plus trace elements, particularly copper and cobalt (Thomas & Thompson 1948).

Plantain is a new species in agricultural research in New Zealand and very little is known about requirements for seed production. Research in the US under glasshouse conditions show that plantain is a long-day plant. It is also known that plantain has a long flowering season which, beginning in April in the northern hemisphere, is curtailed by frost (Sagar & Harper 1964) and competition (Sagar & Harper 1961).

The trial reported here investigated the effect of plant density on plantain seed production in New Zealand.

Method

In order to maximise the information that could be gained from minimum seed and land area, a systematic radial spacing trial designed by Nelder (1962) was used. Radial trials have been used with

success for plants such as maize (Dyson & Douglas 1975; Wallace & Davies 1976) but have not been used in herbage seed research.

Plantain plants were reared in the glasshouse, hardened off, and planted out in mid-September into Wakanui silt loam (Udic Ustochrept) at Lincoln. Plants were spaced at increasing intervals (from 60 mm to 283 mm) along 32 radii (Figure 1). Plant densities ranged from 17 plants/m² to 278 plants/m² in 9 concentric circles. The ratio of radii of successive circles was 1.19 and of successive densities $(1.19)^2 = 1.42$. Each spacing was replicated 32 times in the trial, as each plant was monitored individually. This amount of replication was considered necessary as herbs are highly variable in morphology. The trial was surrounded by a buffer zone of spaced plants and the area was irrigated when necessary to prevent moisture stress.

Plants were monitored weekly. Flowering heads were counted and ripe heads harvested by hand. Seed yield and head size were determined for the peak harvest (i.e., the harvest at which most heads were collected). Heads were considered to be ripe when seeds turned brown (having been green and then purple) and stems turned brown and became slightly withered below the seed head.

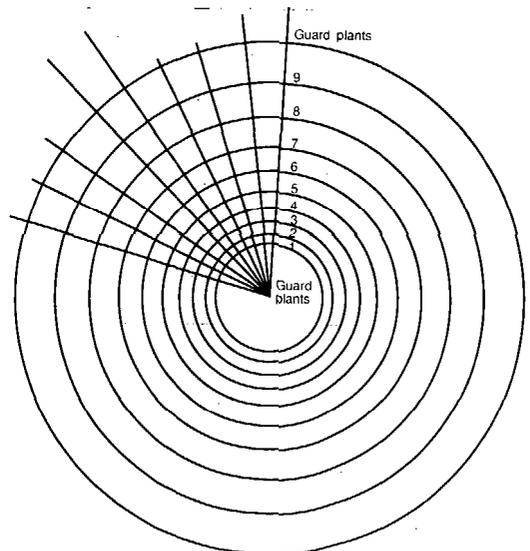


Figure 1 Radial trial design for plantain seed production. Plants are at intersection of circles and radii.

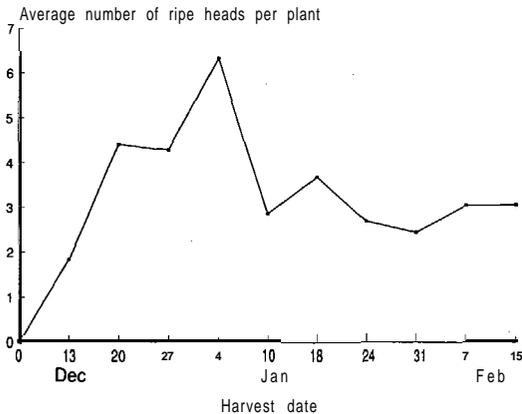


Figure 2 Seasonal pattern of ripe head production in Canterbury.

Results and discussion

Plantain heads started flowering in mid-October. These first heads were ready for harvest in mid-December (Figure 2). The 8-week period between flowering and harvest is consistent with results from an earlier trial investigating the optimum time of seed harvest (Rowarth & Rolston 1991). Flowering was curtailed by frosts in April but harvesting was discontinued in mid-February when the stand suffered from the fungus *Phomopsis subordinaria*. This fungus attacks the base of seed heads, entering through mechanical damage caused by feeding insects (de Nooij & van der Aa 1987), and preventing seed fill (Grove 1935; de Nooij & van der Aa 1987; Farr et al. 1989). The prevalence of the fungus within the trial is probably an **artefact**, in that harvesting required movement through the plants. This could cause head damage and would have assisted in the spread of the fungus. For this reason and because the fungus did not appear until after peak harvest, it is not thought to pose a problem to potential plantain seed growers. This is supported by observation of plantain stands adjacent to the radial trial and in Palmerston North where *P. subordinaria* had not attacked sufficient heads by time of harvest to warrant investigation and was apparent on less than 5% of heads by the end of autumn.

Table 1 Ripe head production as affected by spacing and harvest date.

Harvest date	Plants/m ²									
	278	198	138	98	69	49	35	24	17	
13.12.89	1	1	1	1	2	2	3	2	4	
20.12.89	2	2	2	3	5	5	7	7	8	
27.12.89	1	1	1	3	3	4	7	9	10	
4.1.90	2	2	2	3	6	5	10	12	15	
10.1.90	1	1	0	2	2	3	5	5	6	
18.1.90	1	1	1	2	2	3	6	7	10	
24.1.90	1	0	1	1	1	2	4	6	9	
31.1.90	0	0	0	1	0	2	4	6	9	
7.2.90	1	0	0	1	1	2	5	6	11	
15.2.90	0	0	0	0	2	4	6	7	9	

Peak harvest occurred on 4 **January** 1990: the average number of ripe heads per plant at this harvest was significantly ($P < 0.01$) greater than at any other harvest (Figure 2).

The effect of spacing on seed head production can be seen in Table 1. Fewer seed heads were produced at high planting densities than from low planting densities. This effect was significant ($P < 0.01$) at all harvests. Head numbers from spacings of 278-49 plants/m² were highest for harvest 2 and 4. Head numbers from spacings of 35-17 plants/m² peaked at harvest 4 and were also high for harvest 6. Thus at high plant densities seed production occurred earlier and finished more quickly than at low plant densities. Whereas head production continued until April in the widely spaced plants, many plants in the dense areas did not survive competition and died. This is consistent with overseas experience with plantain (Sagar & Harper 1961, 1964).

Heads collected at peak harvest (4 January 1990) were used for more detailed analysis. A linear relationship was derived between planting distance and numbers of ripe heads (numbers of ripe heads = $0.127 \text{ distance} - 0.198$; 96.2% variance accounted for) (Figure 3). Head length (Figure 3), seed yield/head and seed yield/plant (Figure 4) increased with increasing planting distance. The increase in seed yield/plant was primarily a function of increase in head numbers (Figure 3).

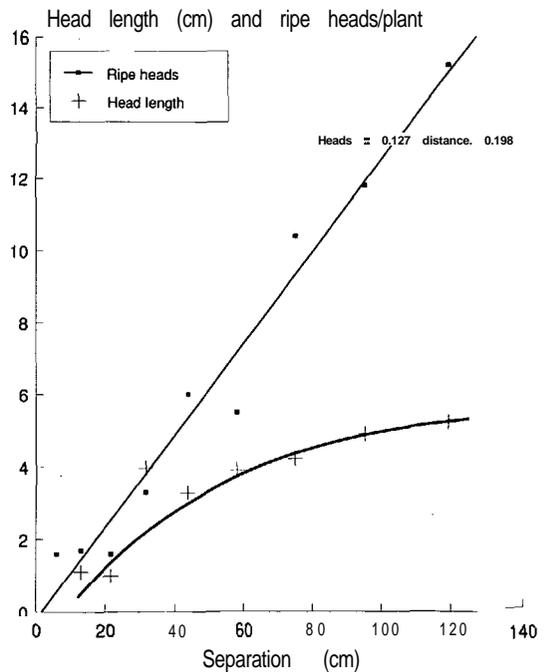


Figure 3 Effect of plant density (increasing separation) on head size and numbers of heads per plant in plantain.

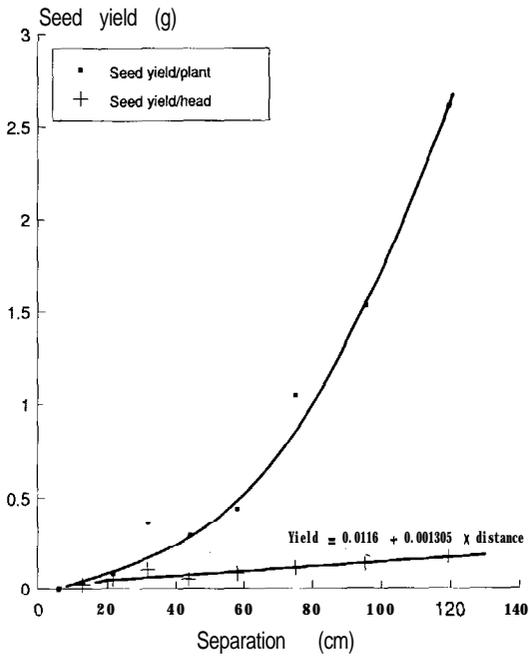


Figure 4 Effect of plant density (increasing separation) on plantain seed yield per head and per plant.

Seed yield per plant data were used to calculate seed yield (g/m^2). A linear relationship was derived between seed yield and planting distance ($\text{yield} = 5.59 + 0.3503 \text{ distance}$; 71.6% variance accounted for) (Figure 5). The highest yield (45 g/m^2) was from a planting density of 17 plants/m^2 which equates to a plant every 20 cm in 30 cm rows. At a thousand-seed weight of 1.55 g, this density could be achieved with a sowing rate of 0.26 kg/ha. Seed yields of 37 g/m^2 were produced from planting densities of 24 and 35 plants/m^2 (the latter density equates to a plant every 20 cm in 15 cm rows). These densities could be achieved with sowing rates of 0.38 and 0.54 kg/ha respectively.

Although the highest seed yield came from the most widely spaced plants, densities of 17 and 24 plants/m^2 did not provide total ground cover, whereas planting densities of 35 or more plants/m^2 did. Bare ground can result in problems with weed competition and moisture loss, as has been noticed with chicory grown for seed production (Hare *et al.* 1991).

Conclusions

The radial trial proved a successful method of monitoring the effect of plant density on plantain seed production.

Seed yield per plant is strongly related to number of seed heads per plant. The latter increases with decreasing plant density. To maximise seed production, growers should sow plantain at a rate resulting in 17-35 plants/m^2 (0.26-0.54 kg/ha at 100% germination; 0.37-0.77 kg/ha at 70% germination). This could be achieved with a precision drill. Using the higher rate of seed is advised as a planting density of 35 plants/m^2 gave total ground cover. Furthermore, seed and seedling failure will result in a less than predicted plant density.

Intensive monitoring of the radial trial enabled extrapolation of harvest dates to a larger area of plantain. Seed yield from the area harvested on 21 December 1989 (8 weeks after the first mass flowering, and coinciding with the first harvest in the radial trial) was 335 kg/ha. This was consistent with the yield of 400 kg/ha achieved the previous year from a plantain stand not managed for seed production (Rowarth & Rolston 1991). However, the average seed yield from the area harvested on 4 January 1990 (coinciding with peak harvest in the radial trial) was over 600 kg/ha.

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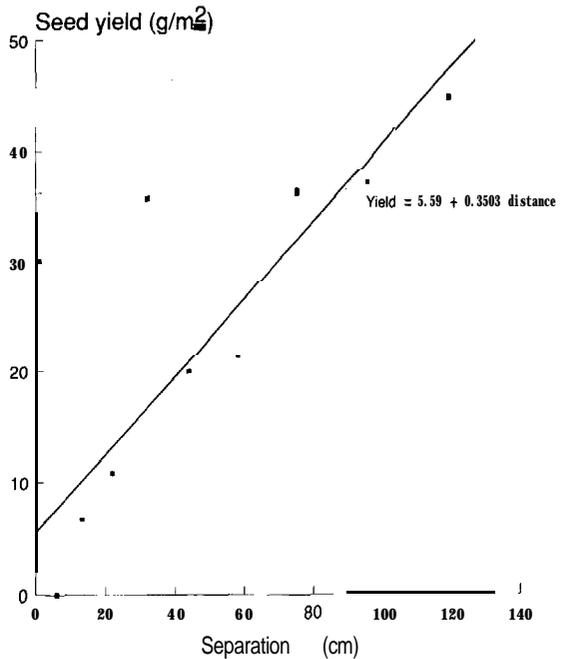


Figure 5 Effect of plant density (increasing separation) on plantain seed yield (g/m^2).

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